

## AFTERSCHOOL TRAINING TOOLKIT

### Student Reflection Worksheet

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**Directions:** Provide students with an opportunity for reflection by answering the following questions.

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

*Circle the response that most closely relates to how you feel.*

**1. How was your time management today?**



*Good*



*So-So*



*Bad*

**2. How was your effort today?**



*Good*



*So-So*



*Bad*

**3. What are specific examples of how you can improve your time management tomorrow?**

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**4. List some specific goals that you would like to achieve.**

My goal in math is to \_\_\_\_\_.

My goal in reading is to \_\_\_\_\_.

My goal in science is to \_\_\_\_\_.

My goal for doing work in afterschool is to \_\_\_\_\_.

My goal in homework/tutoring is to \_\_\_\_\_.